

## Cov lus qhia txog Colonoscopy

Yuav cov cuab yeej tsuas ntxiv no hauv qhov chaw muag tshuaj ntawm koj lub zos:

**2 - Ntsiav tshuaj Bisacodyl**

(Dulcolax® laxative TsisYog Dulcolax® stool softener) txhua ntsiav tshuaj muaj bisacodyl 5 mg

**1 - 8.3 ounce ntawm Polyethylene Glycol (PEG) 3350 hmoov (Powder)**

(MiraLAX, SmoothLAX, ClearLAX losyog zoo li feem ntau)

**64 oz. Gatorade®** (Tsis qab xim liab)

cov Gatorade®, Gatorade G2®, Powerade®, Powerade Zero® losyog Pedialyte ib txwm raug lees txais.qhov qab xim liab raug txwv; tag nrho lwm cov xim (Daj, ntsuab, txiv kab ntxwv, liab doog, xiav) tsis ua li cas.Nws kuj tsis ua li cas txog kev yuav ob pob 2.12 oz ntawm cov hmoov Gatorade uas yuav tsum tov tau nrog dej tag nrho tau 64 oz ntawm cov kua.

**1 - 10 oz. lub taub Magnesium Citrate** (Tsis qab xim liab)

Nws kuj tsis ua li cas rau ntawm qhov koj siv pob 0.5 ounce ntawm cov hmoov magnesium citrate (17 grams) tov nrog dej 10 ounces.

### KEV NPAJ TXOG COLONOSCOPY

**Lawb losyog rov teem lub caij rau koj mus ntsib dua:**

Yog hais tias koj yuav lawb losyog rov teem lub caij rau koj mus ntsib dua, thov hu rau 612-871-1145 kom sai li sai li sai tau.

**Tsheb thauj mus los:**

Koj yuav tsum npaj kom tau chaw zaum rau hnub uas koj cov hau kev nrog rau ib tug neeg laus uas tseem ceeb. kev uas yuav zaum tsheb tawsij tsis yog txoj hau kev uas xaiv tshwj tsis yog tias koj ho tuaj nrog rau ib tug neeg laus uas tseem ceeb. Yog hais tias koj npaj tsis tau laib txog ntawm kev uas yuav thauj mus nrog rau ib tug neeg laus uas tseem ceeb, koj cov hau kev yuav tau tsum thiab rov teem lub caij dua.

**ua ntej 7 hnub:**

- Tsum tsis noj cov zaub mov pab cov hlab thiab cov tshuaj uas muaj hlau. Qhov no muaj xws li multivitamins nrog hlau, Metamucil thiab Fibercon.
- Paub meej tias muaj tus tsav tsheb rau thaum koj cov hau kev

**ua ntej 3 hnub:**

- Pib noj cov zaub mov ua muaj hlab tsawg (Low-Fiber) cov zaub mov ua muaj hlab tsawg pab ntxuav tawm zoo dua.
  - o Piv txwv ntawm cov zaub mov ua muaj hlab tsawg xws li (tab sis kuj tsis yog txwv rau):khob cij dawb, movdawb , nplej zom, crackers, ntses, nqaij qaib, qe, nqaij nyuj tsuav, mis nyuj txiv laum huab xeeb, siav

/ cub / hau zaub, kaus poom txiv hmab txiv ntoo, txiv tsawb, dib liab, mis nyuj, kua mis nyuj yaukawj dog dig, mis nyuj khov, zaub xa lav thiab lwm yam txuj lom.

- o Yam tsuas ntxiv no yog tsis pub nyob hauv cov zaub mov ua muaj hlab tsawg: noob, noob txiv, paj kws, bran, tseem nplej, pob kws, quinoa, txiv hmab txiv ntoo nyoo thiab zaub, berries thiab txiv hmab txiv ntoo qhuav, noob taum thiab lentils.

Rau cov ntsiab lus ntxiv ntawm yam tsuas ntxiv no ua raws li cov zaub mov ua muaj hlab tsawg, thov mus saib  
<https://www.mngi.com/conditions/low-fiber-diet>

#### **ua ntej 2 hnub:**

- Noj mus txhiv cov zaub mov uas tsis muaj hlab.
- haus yam tsawg kawg 8 khob dej ntawm ib hnub.
- Tsum noj zaub mov thaww thaum.**11:45 pm.**

#### **ua ntej 1 hnub:**

- Pib cov zaub mov ntxuav uas ua kua (ntxuav cov ua kua xws li tej yam uas koj yuav pom tau).
  - o Piv txwv ntawm cov kua zaub mov uas ntshiab muaj xws li: dej tshuaj yej (tsis muaj mis nyuj los yog tsis yog muaj mis creamer) kua zaub ntshiab los yog kua nqaij Gatorade, Pedialyte los yog Powerade, cov dej muaj cua thiab cov dej tsis muaj cua (Sprite, 7-Up, Gingerale) cov kua txiv hmab txiv ntoo uas tsis muaj hlab (txiv avpause, txiv grape dawb, txiv cranberry dawb) Jell-O thiab Popsicles.
  - o Yam tsuas ntxiv no yog<362> tsis pub </ 362> nyob hauv cov zaub mov ntxuav uas ua kua: cov ua kua xim liab, dej cawv, kas fes, khoom ua los ntawm cov mis, protein co, kua zaub, kua txiv nrog rau cov hlab thiab zom luam yeeb.
- **Thaum tav su:** Noj 2 lub tshua Bisacodyl(Dulcolax)
- **Ntawm 4-6pm:** Haus Miralax - Npaj Gatorade

Tov 1 lub taub ntawm Miralax nrog rau 64 oz. ntawm Gatorade uas nyob hauv lub tshob rau dej uas loj.

Haus 1 - 8 oz. khob ntawm lub Miralax / kua tshuaj Gatorade

haus tsuas ntxiv 1 - 8 oz. khob txhua txhua 15 feeb tom qab ntawd kom txog thaum lub sib hawm tov uas ploj mus.

**tsww yim kev ntxuav plab hnyuv:** Haus dej kom txaus ua ntej thiab tom qab thaum koj yuav ntxuav koj cov plab hnyuv tsawm rau kev tib thaiv lub cev qhuav dejNyob kom ze chav dej vim hais tias koj yuav raws plab.Txawm yog hais tias koj tseem nyob hauv chav dej, los yuav tsum haus cov kua tshuaj ntxuav txhua txhua 15 feeb.Yog hais tias koj xav tias yuav ntuav losyog ntuav, yaug koj lub qhov ncauj nrog dej, siv li 15 mus rau 30-feeb so thiab mam li mus haus cov tshuaj dua.koj yuav paub tau tias koj tsis xis nyob txog rau thaum cov quav tau tawm tag ntawm koj cov hnyuv laus (nyob rau hauv 2-4 teev).Tej zaum koj yuav no thiab ntseeg.

#### **Hnub ntawm koj cov hau kev:**

Tej zaum koj yuav siv tag nrho koj cov tshuaj thaum sawv ntxov xws li cov tshuaj ntshav siab, ntshav thinners (Yog hais tias koj tsis tau raug qhia kom tsis txhob no lawm los ntawm peb cov chaw ua hauj lwm), methadone,

tshuaj tiv thaiv-qaug dab peg nrog haus dej 3 teev ua ntej ntawm koj cov hau kev los yog ua ntej ntawv.tsis txhob noj cov insulin losyog vitamins ua ntej koj cov hau kev.

haus cov zaub mov ntxuav uas ua kua mus ntxivtsis txhob haus cov kua liab,dej cawv, kas fes, khoom ua los ntawm cov mis, protein co thiab zom luam yeeb.

- **ua ntej 4 teev:** Haus magnesium citrate 10 oz
- **ua ntej 3 teev:**
  - tsum tsis haus cov ua kua txhua yam.
  - Tsis txhob noj dab tsi los ntawm lub qhov ncauj thaum lub sij hawm no.
  - Muaj sij hawm ntxiv rau qhov mus saib txog koj cov hau kev tej zaum koj yuav tau nres thiab siv chav dej raws txoj kev.

Koj npaj txhij rau cov txheej txheem yog tias koj ua raws li cov lus qhia tag nrho thiab koj cov quav yuav tsis khov, tab sis ntshiab los yog ua kua daj.Yog hais tias koj tsis paub tseeb tias koj txoj hnyuv laus yuav huv los tsis huv, thov hu rau peb chaw ua hauj lwm ntawm 612-871-1145 ua ntej koj tawm ntawm koj lub sij hawm tau teem tseg.

#### **Nqa koj cov hau kev raws li tom ntej no:**

- Nqa koj daim ntawv keeb kwm kev noj qab nyob uas ua tiav nrog rau qhov uas nyob rau hauv pob no nrog koj hnub mus ntsib.
- daim ntawv kho mob isalas / ID duab
- cov npe tshuaj uas siv tam sim no thiab nrog rau cov tshuaj uas tsis tau kom yuav thaib cov zaub mov pab
- nqa koj lub cib pab ua pa yog hais tias koj tab tom siv los tswj tus mob hawb pob
- Nqa cuab yeej contact lens tej zaum koj. Yuav raug nug kom muab contact lens tshem rawm ua ntej thaum yuav pib koj cov hau kev
- Cov lus hais ua ntej: Yog hais tias koj muaj cov lus qhia ua ntej, thov nqa ib daim ntawv luam ntawm cov lus qhia ua ntej nrog koj tuaj rau koj tus endoscopy uas koj tau teem tseg.Cov lus qhia ua ntej tsis raug hwm ntawm chaw MNGI, thiab nyob rau hauv lub sij hawm uas yuav ua rau koj txoj sia nres, yuav muaj t xo j kev npaj uas yuav pab ua koj muaj t xo j sia nyob rau txhua txhua lub sij hawm thaib peb cov neeg mob yuav raug xav mus rau qhov chaw saib xyuas uas zoo dua qhov qub (i.e., tsev kho mob).Nyob rau hauv t xo j kev tshwm sim uas tsis zoo ntawm koj xav kom muaj kev xa kom ceev mus rau qhov chaw uas muaj kev saib xyuas uas zoo dua qhov qub, koj cov lus qhia ua ntej yuav tsum nqa mus nrog koj ua yuav tau muaj rau qhov chaw ntawv.

## KEC QHIA TXOG NTAWM COLONSCOPY

### **Colonoscopy yog dab tsis?**

Colonoscopy yog kev kuaj mob ua paub tau zoo heev uas nrhiav tau Polyps ntawm cov plab hnyuv laus thiab kev mob kheesxaws hauv cov plab hnyuv, thiab yuav kuaj thaum lub sij lawm uas Polyps raug tshem tawm xwb.Thaum lub sij hawm txheej txheem no, kws kho mob tshuaj xyuas qhov hauv ob sab phlu ntawm koj txoj hnyuv loj thiab qhov quav los ntawm saj zawg zog raj hu ua colonoscope.Lub colonoscope yog tso rau hauv lub qhov quav thiab maj mam los ntawm cov hnyuv.

Yuav kom tsim qhov zoo tshaj plaws raws li xav, koj yuav tsum tau haus cov tshuaj uas ntxuav hnyuv uas tau npaj cia mus pab ntxuav tawm koj txoj hnyuv laus.Txawm hais tias koj cov quav ntshiab, nws yog ib qho tseem ceeb uas yuav tau npaj tag nrho cov plab hnyuv raws li tus tau qhia uas tau hais tias koj lub cev nyiam ua kom ua kua thiab polyps me me yuav nkaum ntawm cov kua no.

### **Dab tsis yuav tshwm sim thaum tab tom ua Colonoscopy?**

Npaj siv li 2 teev nyob rau endoscopy chaw thaum hnub uas ua colonoscopy.Tus txheej txheem nws tus kheej yuav siv sij hawm txog 20 mus rau 40 feeb ua kom tiav.

### **Ua ntej cov txheej txheem:**

Koj kev kho mob yav dhau los yuav tsum tau saib nrog koj los ntawm koj pab neeg kws kho xws li ib tug nais maum, koj tus kws kho mob Gastroenterology thiab tus uas muaj tshuaj loog kho mob thiab kab IV uas uav raug muab tso rau.

### **Thaum lub sij hawm cov txheej txheem:**

Thaum lub sij hawm koj cov txheej txheem tus muaj tshuaj loog yuav muaj cov tshuaj thiab yuav kuaj siab tshwm sim uas tseem ceeb uas yog tus txheej txheem uas hu ua Monitored Anesthesia Care (MAC).thaum cov neeg mob feem ntawm cov txheej txheem, ib co nyob tsaug zog twj ywm thiab paub.Tus muaj tshuaj loog thaib/losyog tus kws kho mob uas tau txais daim ntawm muaj tshuaj loog (CRNA) yuav pab txiav txim rau qhov tsim nyog uas muaj hom tshuaj uas yuav siv thaum lub sij hawm cov txheej txheem uas ua rau koj kom koj muaj kev nyab xeeb thiab xis nyob.Yog hais tias cov nqaij txaww txav losyog los yog pom polyps, tus kws kho mob yuav tsum tau muaj nws tshem tawm los ntawm lub colonoscope rau kev ntsuam xyuas kom zoo los yog kev kuaj nqaij txaww txav.

### **Muaj dab tsis tshwm sim tom qab thaum ua cov txheej txheem tag?**

Tus kws kho mob yuav tham nrog koj txog cov ntawm qhia tau thaum pib ntawm koj cov txheej txheem thiab yuav tau npaj ib daim ntawv qhia tag nrho txog daim ntawv qhia rau cov kws kho mob uas xa koj mus ua xoos hnyuv laus.Tej zaum koj yuav muaj mob ntswj los yog tsam plab tom qab ntawm cov txheej txheem uas yog zoo li qub thiab yuav tsum ploj sai sai los ntawm kev xa roj.Tej cov qauv nqaij txaww tsav los yog muab polyps tshem tawm thaum cov txheeb txheem yuav raug muab xa mus rau tsev kawm txuj ci rau kev ntsuam xyuas.Nws yuav siv sij hawm 5-7 hnub ua hauj lwm rau koj yuav tsum tau txais kev ceeb toom ntawm qhov kev tshwm sim los ntawm xa ntawv los yog los ntawm cov neeg mob Portal.

Tej zaum koj yuav rov pib dua feem ntawm koj tus ua ub no hnub tom qab ntawm cov txheeb tsheem.Txawm li cas los, tshuaj muab thaum lub sij hawm ntawm cov txheeb tsheem yuav txwv tsis pub koj tsav tsheb rau ntawm cov hnub seem.Koj los yuav tsum qhia tias yuav tsum tsis txhob caij yob hoom ntev li 24 teev ua raws li koj cov txheej txheem.Tej zaum koj kuj yuav rov los pib noj dua koj cov zaub mov ib txwm, tab sis dej cawv yuav tsum tau zam kom txog thaum tom ntej ntawm hnub koj cov txheej txheem.



**Puas yuav muaj teeb meem uas tshwm sim nrog rau kev xoos hnyuv laus?**

Txawm tias tsis tshua muaj teeb meem loj, tej txheej txheem ntawm kev kho mob muaj kuj muaj qhov ua rau txaus ntshai. kev txaus ntshai ntawm cov txheej txheem xws li kev laum qhov, los yog ntuag raws hauv ob sab phlu ntawm cov nyuv, los ntshav los ntawm qhov chaw kev kuaj nqaij txhav txav, kev ua haujlwm ntawm cov tshuaj noj, lub plawv thiab mob ntsws, thiab kho hniav los yog qhov muag raug mob.

## Mus xoos hnyuv laus - Kuaj Xyuas tiv thaiv thiab kev ntsuam

Lub Affordable Care Act (ACA) yuav tsum tau kho insurance los saib xyuas pom zoo kev pab tiv thaiv uas tsis muaj cov nqi neeg mob, xws li cov nqi copay thiab deductibles. Ib tug ntawm cov pom zoo cov kev pab cuam yog kev soj ntsuam kuaj xoos hnyuv laus. Qhov no txhais tau tias yog ib tug neeg mob muaj kev soj ntsuam kuaj xoos hnyuv laus yuav tsum tsis muaj tus nqi uas tau tawm ua ntej. hais txog lwm sab, Yog hais tias ib tug neeg mob muaj kev ntsuam xoos hnyuv laus, tus txheej txheem xws li ntawm kev saib xyuas los ntawm insurance; Txawm li cas los tus neeg mob yog tseem muaj lub luag saib xyuas rau cov nqi copay, coinsurance thiab / los yog cov deductibles.

### **kev txaww tsav ntawm kev soj ntsuam kuaj xoos hnyuv laus thiab kev ntsuam xoos hnyuv laus yog dab tsis?**

- kev soj ntsuam kuaj xoos hnyuv laus yog ua rau ntawm asymptomatic (Tsis muaj cov tsos mob) tus neeg mob rau lub hom phiaj ntawm kev soj ntsuam rau colorectal cancer los yog cov hnyuv polyps. txhawm tias yuav yog qhov kev txaww txav ua tau ntsib uas tsis hloov hom phiaj cov kev ntsuam xyuas ntawm tus txheej txheem.
- kev ntsuam xoos hnyuv laus yog ua vim hais tias ntawm qhov mob los yog cov tsos mob xws li mob raws plab, positive hemoccult, qhov quav los ntshav, tsis muaj hlau anemia txaus, mob plab, los yog ib qho txaww txav uas nrhiav tau los ntawm lwm yam kev ntsuam. Medicare thiab feem ntau coj mus muag kuj tsis zam lub copay thiab / los yog txiav tawm yog tias lub hom phiaj ntawm lub txheej txheem yog ib tug ntsuam xoos hnyuv laus. Qhov no txhais tau tias tus neeg mob yog lub luag hauj lwm rau tej qhov nqi koj tshuav laug tshuav tom qab kev tuav pov hwm dab cov ntaubntaww.

### **Kuv muaj Medicare - dab tsi yog yam ua kuv tau ntawm kev soj ntsuam kuaj?**

Medicare saib xyuas kev kuaj mob xoos hnyuv laus txhua txhua 10 xyoo \* rau nruab nrab uas yuav muaj, asymptomatic cov neeg mob thiab txhua txhua 2 lub xyoos rau cov kis, cov neeg mob asymptomatic.

Medicare sij kis raws li cov neeg mob nrog ib tug los yog ntau tshaj ntawm cov nram qab no:

- thawj tug kev sib txheeb ze (Nus muag, niam txiv, tus me nyuam) uas tau muaj colorectal cancer los yog adenomatous polyp
- Cov zaj ntawm keeb tsev neeg ntawm yim neeg adenomatous polyposis
- cov zaj keeb ntawm tsev neeg ntawm roj ntsha uas tsis yog-polyposis colorectal cancer
- Tej keeb kwm ntawm adenomatous polyps
- Tej keeb kwm ntawm colorectal cancer
- kab mob hnyuv Inflammatory xws li tus kab mob Crohn los yog mob plab ulcerative

\* Kuaj ntsuam xoos hnyuv laus yog yuav tsum tsis pub dhau 47 lub hlis ntawm kev kuaj sigmoidoscopy dhau los

### **Kuv muaj coj muag /ntiag insurance-qhov twg kuv thaib yuav nrhiav tau kuv kev soj ntsuam kuaj cov kev pab cuam?**

Koj yuav tsum hu rau koj lub tuam txhab ncaj qha, siv cov ntaub ntawv nyob rau hauv sab nraum qab ntawm koj daim ntawv fajseeb khomob. Yuav npaj muab koj txoj kev npaj tus leb. Peb yuav pab tau koj nrog ib tug nqi quote tsab ntawv uas muaj xws li cov txheej txheem (Cpt) codes koj daim ntawv kho mob lub tuam txhab yuav nug rau. Yuav qhia peb yuav tsis txiav txim ua ntej koj mus xoos hnyuv laus raws nraim li cas yuav tsum pom thaum lub sij hawm tus txheej txheem thiab lub caij nyoog Cpt cov lis dej num uas yuav raug tsub nqi.

Ua ntej koj tus txheej txheem, koj yuav tsum paub yog hais tias koj los rau kev kuaj hnyuv laus (Tsis muaj cov tsos mob) los yog ntsuam xoos hnyuv laus (Koj qhia nrog cov tsos mob). Tom qab kev txiav txim yog ntsuam xyuas los yog ntsuam siv, koj yuav tsum tau ua ib co kev tshawb fawb nrog koj lub tuam txhab hais txog koj cov kev pab thiab tej nqis uas yuav tau them uas ntej uas yuav siv.

"Koj xa thiab / los yog kws kho mob tej zaum yuav xa rau koj ntawm ""kev soj ntsuam kuaj"" mus xoos hnyuv laus nrog rau ib co tsos mob uas koj tab tom muaj tam sim no. Tej zaum yuav muaj kev to taub yuam kev ntawm cov lo lus soj ntsuam. Cov



txheej txheem uas yuav ua colonoscopy yuav tsis raug sau nyiaj zoo li cov txheej txheem kev kuaj soj ntsuam yog hais tias koj muaj tej tsos mob.Peb yuav tsum tau xa cov nqi raws li tias yog vim cov lus ntawm cov txheej txheem rau txoj kev ua raws.

Tus kws kho mob yuav hloov tsis tau, ntxiv los yog tshem tawm txhua yam kev kuaj mob yog li ntawd koj yuav raug coj mus xav tsawm rau kev kuaj colonoscopy.Koj cov kev mus xyuas yuav raug muab teev nyob rau hauv cov kev kho mob cov ntaub ntawv los ntawm cov ntaub ntawv ntawm koj los yog cov koj tau qhia thiab / losyog kws kho mob tau muab thaum lub sij hawm ua ntej thaum cov txheej txheem kev ntsuam xyuas, los yog thaum lub sij hawm uas mus xyuas tsev kho mob uas ua ntaub ntawv yav tas los thaum uas koj mus kuaj colonoscopy.Cov no yog cov ntaub ntawv raws li txoj cai cov ntaub ntawv yuav hloov tsis tau txhawb rau txoj kev yooj yim uas ntawm kev tuav pov hwm pab them nqi.

Cov neeg mob yuav tsum to taub hais tias tsoom fwv coj nruj thiab txoj cai kev tuav pov hwm pab them nq ntawm tuam txhab, zoo raws li txoj cai uas sau tiv thaiv cov kws kho mob los ntawm kev hloov daim ntaub ntawv los yog daim nqi rau lub hom phiaj rau kev pab them nqi uas tau ua cai uas zoo dua.Qhov no xam tau tias yog kev dag ntawm kev tuav pov hwm pab them nqi thiab yuav tsum raug txim los ntawm txoj cai lij choj.

Thov hu rau koj lub tuam txhab kev tuav pov hwm pab them nqi los yog MNGI nrog rau cov lus nug ntxiv hais txog kev saib xyuas.

Cov tshwm sim ntawm tej kev soj ntsuam yuav raug xa mus los ntawm Mail los yog natwm Patient Portal.

## **TXOJ CAI NTAWM NYIAJ ( kev tuav pov hwm pab them nqi thiab kev sau nyiaj them nqi)**

**lub vas sab ntawm MNGI:** Mus saib peb lub lub vas sab ntawm mngi.com uas xav tau koj daim ntawv nqi, them Online, tau cov ntsiab lus ntawm peb kev tuav cov ntawv nyiaj txiag ntawm kev tuav pov hwm pab them nqi thiab rau lwm yam ntaub ntawv tseem ceeb.

**kev tuav pov hwm pab them nqi thiab tus txheej txheem kev sau nyiaj them nqi** Nws yog koj lub luag hauj lwm uas ua kom paub meej tias koj daim ntawv kev pab kho mob nrog koj (cov) kev npaj ntawm daim ntawv kho mob txoj ua ntej thaum koj mus saib lub tsev kho mob losyog tus txheej txheem. Yog hais tias koj (cov) kev npaj ntawm daim ntawv kho mob yuav tsum kom tau them nyiaj ua ke nrog koj lub sij hawm uas tau teem cia, kev them ua ke yog vim hais tias nrog rau ntawm koj lub sij hawm ntawm koj lub sij hawm uas tau teem cia. Peb thov kom koj muab cov daim ntawv kev tuav pov hwm pab them nqi lub sij hawm no thiab muaj duab nrog tshua txhua zaug ntawm koj cov kev ntsuam xyuas uas tau teem cai nyob rau ntawm peb lub chaw ua haujlwm/qhov chaw kho mob. Kev uas tsis muab koj daim ntawm kev tuav pov hwm pab them nqi lub sij hawm no rau peb pom yuav ua rau lub Minnesota Gastroenterology, P.A. ua haujlwm tsis tau vim tsis muaj koj cov ntawm losyog muab ntawv tsis rau sij hawm ntawm cov ntaub ntawv thov tsis txuas siab. Thov ceeb toom rau peb tus neeg ua haujlwm txais tos txhua yam uas koj tau hloov ntawv kev tuav pov hwm pab them nqi losyog cov ntaub ntawm koj tus kheej.

**kev xav cov ntaub ntawv tsis txaus siab:** Yog hais tias koj tau muab cov daim ntawv lus qhia kho mob rau peb lawm, peb yuav xa cov ntaub ntawv tsis txaus siab rau koj mus ntawm (cov) chaw npaj kev tuav pov hwm pab them nqi thiab yuav pab koj rau txhua txhua txoj hau kev uas peb ua tau kom pab tau kom lawv them koj cov nqi. Txawm li cas los, koj (cov) chaw npaj daim ntawv kev tuav pov hwm pab them nqi yuav xav kom koj pab muab koj cov lus qhia los ntawm koj tus kheej thiab nws yog yam uas koj yuav tau ua raws li lawv nug.

**daim kev tso cai-Ua ntej thiab daim ntawv pov thawj-Ua ntej:** Yog hais tias koj (cov) kev npaj ntawm daim ntawv kho mob xav tau daim ntawv kev tso cai-ua ntej losyog daim ntawv pov thawj-ua ntej, koj yuav tsum tau hu mus rau peb lub Chaw ua lag ua luam ntawm (612) 871-1145, txoj kev xaiv 5 ua ntej koj lub sij hawm teem cai thiab peb cov neeg ua haujlwm yuav pab koj kom tau txais kev pom zoo rau qhob koj mus ntsib los yog cov txheej txheem.

**daim ntawv chiv keeb:** Yog hais tias koj lub chaw npaj ntaub ntawv kev tuav pov hwm pab them nqi xav tau daim ntawv chiv keeb, koj muaj cai uas yuav los txais daim ntawv chiv keeb los ntawm koj thawj tus kws kho mob losyog lub tsev kho mob ua ntej ntawm koj lub sij hawm uas tau teem cia

**daim ntawv them nqi:** thaum koj cov ntaub ntawv tsis txaus siab tau raug ua lawm los ntawm koj (cov) chaw npaj ntaub ntawv kev tuav pov hwm pab them nqi, daim ntawv txiav txim yuav raug xa los koj tshawm rau tej uas yus them yus, cov lub kev tuav pov hwm pab them nqi them ua ke, kev them nyiaj ua ke losyog lwm yam uas tsis tau them los ntawm koj (cov) chaw npaj ntaub ntawv kev tuav pov hwm pab them nqi. Yog hais tias koj tau raug teem rau tej txheej txheem, koj yuav tau txais daim ntawv txiav txim ntawm tsaj ib daim. Daim ib ntawm daim ntawv txiav txim los ntawm Minnesota Gastroenterology, P.A. yuav yog qhov sawv cev rau ntawm tus kws kho mob sau cov nqi thiab daim ob ntawm daim ntawv txiav txim uas los ntawm East Metro endoscopy Center LLC, MNGI endoscopy ASC Inc., Minnesota endoscopy Center LLC, losyog los yog lub tsev kho mob uas yog sawv cev los ntawm qhov chaw them nyiaj. Koj los kuj tau txais cov ntawv nqi kho mob uas muab faib los ntawm tus pathologist (Hospital Pathology Associates) yog hais tias kev kuaj nqaj txawv txav ntawm polyp losyog cov qauv ntawm cov nqaj mos uas yog cov xav tau thiab/losyog daim ntawv them nqi los ntawm lub tsev kawm txuj ci(LabCorp, Prometheus thiab/losyog Quest Diagnostics) yog hais tias kev kuaj cov ntshav uas ua tiav lawm. yog hais tias Monitored Anesthesia Care (MAC) raug ua lawm ntawm anesthesiologist losyog CRNA thaum lub sij hawm ua koj cov txheej txheem, nws yuav tsum ntxiv ib cov ntawv nqi them ntxiv los ntawm Community Anesthesia Partners, LLC. thov mus saib koj li kev tuav pov hwm pab them nqi rau tej kev pab cuam.

**Kev Them Nqi:** kev them nqi tag nrho yuav tsum tau teem tias thaum twg mam li tau txais koj (cov) daim ntawv txiav tximPeb txais kev them nqi los ntawm credit card (Visa, MasterCard thiab Discover), yus cov tshev, losyog cov nyiaj xav. Them nyiaj los ntawm credit card thiab daim tshev muaj peev xwm xav tau Online ntaw **mngi.com**Yog hais tias koj tsis muaj peev xwm them tau koj nqi



nyiaj tag nrho, nws yog qhov koj yuav tsum tau hus rau peb lub chaw ua lag luam tshawm rau kev sib pom zoo ua ke, qhov kev npaj yuav them yuav tsis muaj paj thiab sib tham txog ntawm kev xaiv kev pab nyiaj uas yuav pab tau. Yog hais tias tsis them koj cov nqi uas tsuav thiab/losyog ua raws li kev uas tau npaj cia uas tau muaj tseg uas tshwm sim uas nyob rau hauv kev yuav xa mus tom ntej ntawm koj li chaws ceev nyiaj mus ntawm qhov chaw ceev nyiaj tag nrho thiab yuav tshwm sim ua rau tsis muaj peevee xwm sib teem rau yav tom ntej ntawm Minnesota Gastroenterology, P.A. los yog nws ua kom zoo kom txog rau thaum cov nqi tag nrho raug them lawm.

**Kev pab txog ntawm nyiaj txiag:** kev uas mus rau saib xyuas yus tej pab hnyuv zom mov kom zoo (premier gastrointestinal care) uas yog yam uas tseem ceeb heev rau peb uas tsis khuv xim tias yus muaj nyiaj los tsis muaj nyiaj li. Peb muaj txoj kev xaiv uas pab tau tshawm rau thaum lub sij hawm uas muaj nyiaj txiag ntawm yam. thov hu rau peb lub chaw ua lag laum ntawm (612) 871-1145 (kev xaiv 5) rau cov lus qhia txog peb lub Financial Assistance Program.

*Peb txoj kev ua yog muaj hom phiaj uas yuav los kho peb cov neeg mob kom zoo tshaj mus rau yam tom ntej. Ua tsaug rau qhov koj xaiv MNGI thiab to taub txog thiab tuaj yeem ua raw nrog rau peb cov daim ntawv lus qhia kho mob. Yog hais tias koj muaj lus nug los yog kev txhawj xeeb txog qhov no ntxiv, thov hu rau peb qhov chaw ua lag luam ntawm (612) 871-1145 (kev xaiv 5).*