

Anorectal Manometry or Biofeedback Prep

21 DAYS BEFORE OR AS SOON AS POSSIBLE:

Purchase the following supplies at your local pharmacy:

- **One (1) FLEET** Saline Enema

DAY OF YOUR PROCEDURE:

- Do not eat or drink anything 2 hours before your test.
- Continue all medications as usual.
- You may drive yourself home after the procedure.

1 ½ HOURS BEFORE LEAVING FOR YOUR PROCEDURE:

- Rectally administer the Fleet enema

Cancel or Reschedule Your Appointment:

If you are having flu-like symptoms (such as fever, cough, shortness of breath) within 14 days of your appointment please call to reschedule. If you have any newly diagnosed medical condition (like diverticulitis, heart problems, breathing problems), please call our office. If you need to cancel or reschedule for any other reason, call 612-871-1145 at least 72 hours prior to your appointment.