

Agile Capsule Patency Test Prep

7 DAYS BEFORE YOUR PROCEDURE:

- STOP** taking iron and fiber supplements (this includes multivitamins)
- If you have diabetes:** Call your monitoring provider for instructions on insulin and/or blood sugar management

1 DAY BEFORE:

- STOP** eating solid food at **12:00 PM**
- BEGIN** clear liquid diet (only liquids you can see through- no red)
 - See “Clear Liquid Diet” information below

10 HOURS BEFORE:

- STOP** drinking all liquids

THE DAY OF YOUR PROCEDURE:

- DO NOT** take your morning medications. Our staff will discuss your medication schedule with you when you arrive at the clinic.

If you are scheduled for an MRI: After ingesting the capsule and until it is excreted, you should not have a Magnetic Resonance Imaging (MRI) examination or be near an MRI machine.

Cancel or Reschedule Your Appointment:

If you are having flu-like symptoms (such as fever, cough, shortness of breath) within 14 days of your appointment please call to reschedule. If you have any newly diagnosed medical conditions (like diverticulitis, heart problems, breathing problems), please call our office. If you need to cancel or reschedule for any other reason, call 612-871-1145 at least 72 hours prior to your appointment.

Clear Liquid Diet

- For more details on following a clear liquid diet, please see <https://www.mngi.com/conditions/clear-liquid-diet>.
- Clear liquids are anything that you can see through (NO red).
- Examples of a clear liquid diet include: water, clear broth or bouillon (gluten-free options available), Gatorade, Pedialyte or Powerade, carbonated and non-carbonated soft drinks (Sprite, 7-Up, Ginger ale), clear juices (apple, white grape, white cranberry), Jell-O, popsicles, and up to one (1) 8 fl. oz. cup of dark soda, black coffee or tea (no milk or cream) each day.
- **DO NOT use or drink the following on a clear liquid diet:** red liquids, alcoholic beverages, dairy products, protein shakes, cream broths, juices not listed above, products that have oil, or chewing tobacco. **If you do, your procedure will be cancelled.**