

# Flexible Sigmoidoscopy No Sedation

# 21 DAYS BEFORE OR AS SOON AS POSSIBLE:

- Purchase the following supplies at your local pharmacy:
  - o Two (2) FLEET Saline Enemas

### **Cancel or Reschedule Your Appointment:**

If you are having flu-like symptoms (such as fever, cough, shortness of breath) within 14 days of your appointment please call to reschedule. If you have any newly diagnosed medical condition (like diverticulitis, heart problems, breathing problems), please call our office. If you need to cancel or reschedule for any other reason, call 612-871-1145 at least 72 hours prior to your appointment.

#### **DAY OF YOUR PROCEDURE:**

- **DO NOT use** THC, marijuana or illegal drugs. <u>If you do, your procedure will be cancelled.</u>
- There are no dietary restrictions
- You may continue medications as usual

## • 1 ½ HOURS BEFORE LEAVING FOR YOUR PROCEDURE:

Rectally administer the 1<sup>st</sup> Fleet enema

#### • 1 HOUR BEFORE LEAVING FOR YOUR PROCEDURE:

o Rectally administer the 2<sup>nd</sup> Fleet enema

#### Are You Ready?

When you are finished with your prep you should not have any solid stool, only brown liquid stool. If you are unsure if your prep was effective, please call our office at 612-871-1145 before you leave for your appointment.

For detailed information about your procedure please visit <a href="https://www.mngi.com/search/patient-services">https://www.mngi.com/search/patient-services</a>