

Pediatric Anorectal Manometry and Biofeedback Prep (Age 6 and up)

21 DAYS BEFORE OR AS SOON AS POSSIBLE:

Purchase from your local pharmacy over the counter:

- TWO (2) Saline Enemas (4.5fl oz per bottle) or ONE (1) Saline Enema Extra (7.8fl oz per bottle)**

Note: Saline enema may be Fleets® brand or a generic alternative

PREPARATION For the patient's safety, **STOP** consuming all liquids and nothing by mouth 2 hours prior to the procedure or the procedure will be cancelled and rescheduled.

- Ensure a legal parent or guardian will be in attendance the day of the procedure

Cancel or Reschedule Your Appointment:

If the patient is having flu-like symptoms (such as fever, cough, shortness of breath) within 14 days of your appointment please call to reschedule. If the patient has any newly diagnosed medical conditions (like heart problems, breathing problems), please call our office. If you need to cancel or reschedule for any other reason, call 612-871-1145 at least 72 hours prior to your appointment.

NIGHT BEFORE THE PROCEDURE (between 5-7pm)

- Rectally administer **one (1) Saline Enema** (this will be your **first enema** if you purchased two).
- If you purchased **one (1) Saline Enema Extra**, do nothing at this time

DAY OF THE PROCEDURE:

- Patient may not eat or drink anything 2 hours before the test
- Patient may continue all medications as usual

1 ½ HOURS BEFORE LEAVING FOR PROCEDURE:

- Rectally administer **one (1) Saline Enema** (this will be your **second enema** if you purchased two).
- If you purchased **one (1) Saline Enema Extra**, administer it at this time.

2 HOURS BEFORE THE PROCEDURE TIME

- STOP consuming all solids and liquids.
- Do not take anything by mouth during this time.
- Allow extra time to travel to the procedure as your child may need to stop and use a restroom along the way.



Are you ready?

The patient is ready for the exam, if they followed all instructions and their stool is no longer formed, but clear or yellow liquid. If you are unsure whether the patients colon is clean, please call our office at 612-871-1145 before you leave for your appointment.

For detailed information about your procedure please visit
<https://www.mnqi.com/search/patient-services>