

Pediatric Anorectal Manometry Prep (1-5 years old) and Pediatric Biofeedback Prep (Age 5)

21 DAYS BEFORE OR AS SOON AS POSSIBLE:

Purchase from your local pharmacy over the counter:

- TWO (2)– PEDIATRIC Saline Enemas (Fleet® Pediatric, Pedia-Lax® or generic alternative)**
- Important:** Do not purchase adult or extra-strength enemas.

PREPARATION For your safety, **STOP** consuming all liquids and nothing by mouth 2 hours prior to your procedure or your procedure will be cancelled and rescheduled.

- Ensure a legal parent or guardian will be in attendance the day of the procedure

Cancel or Reschedule Your Appointment:

If the patient is having flu-like symptoms (such as fever, cough, shortness of breath) within 14 days of your appointment please call to reschedule. If they have any newly diagnosed medical conditions (like heart problems, breathing problems), please call our office. If you need to cancel or reschedule for any other reason, call 612-871-1145 at least 72 hours prior to your appointment.

DAY OF THE PROCEDURE:

- Patient may not eat or drink anything 2 hours before the test
- Patient may continue all medications as usual

1 ½ hours before leaving for procedure:

- Rectally administer ONE (1) PEDIATRIC saline enema

1 hour before leaving for procedure:

- Rectally administer ONE (1) PEDIATRIC saline enema

2 HOURS BEFORE THE PROCEDURE TIME

- STOP consuming all solids and liquids.
- Do not take anything by mouth during this time.
- Allow extra time to travel to the procedure as your child may need to stop and use a restroom along the way.

Are you ready?

Your child is ready for the exam, if they followed all instructions and their stool is no longer formed, but clear or yellow liquid. If you are unsure whether your child's colon is clean, please call our office at 612-871-1145 before you leave for your appointment.

For detailed information about your procedure please visit <https://www.mngi.com/search/patient-services>