

Magnesium Citrate

Magnesium Citrate is a laxative product that helps to ensure the colon is entirely cleansed prior to a colonoscopy. Magnesium Citrate is an important step in preparation for your colonoscopy.

If you are unable to obtain magnesium citrate, please contact MNGI Digestive Health at 612-871-1145 for an alternative prep option.

If you do not complete an approved prep prior to your colonoscopy, your procedure may be cancelled or rescheduled.

Approved Magnesium Citrate

Magnesium Citrate that is used for colonoscopy prep should be clear and have no additional additives. This is available in pre-mixed and powder form.

Examples:



Not Approved Magnesium Citrate

Alternative magnesium products are available online but are not approved as replacements if you are unable to obtain an approved product. These alternatives may not result in adequate prep results and may make administration of anesthesia unsafe.

Examples:

