



Are You Choosing Wisely?

5 Things Physicians and Patients Should Question



An initiative of the ABIM Foundation

The [Choosing Wisely®](#) campaign brings several passionate groups together to help physicians, patients and other health care stakeholders talk about the overuse of health care resources in the U.S. More than thirty national organizations representing medical specialists, as well as [Consumer Reports](#) and a number of consumer-focused organizations, are working with the ABIM Foundation to create a set of recommendations for physicians and patients to talk about together.

The goal of Choosing Wisely® is to encourage conversations between physicians and patients about the overuse of tests and procedures and support physician efforts to help patients make smart and effective care choices.

Physicians and patients need to work together to make wise decisions about treatment. This means helping patients learn about care that is proven to be successful, safe and truly necessary for them.

Minnesota Gastroenterology participates in the Choosing Wisely® program and we follow the [“Five Things Physicians and Patients Should Question”](#) published by the American Gastroenterological Association (AGA). For more information, take a look at the guidelines and be sure to ask us questions about your own care!

For more information about GI specialty care:

Visit Minnesota Gastroenterology’s website at www.mngastro.com.